

ALL SAINTS' & ST. MARK'S, WEST PARLEY

Daily Prayer for Lent

To use this order you will also need;

The weekly pew Sheet/e mail attachment with the list of daily psalms and readings, and a Bible for the text of the psalm and reading(s)

If praying alone use the full text. If praying with another, one can lead and the other respond with the words in bold type

THE PREPARATION

O Lord, open our lips;

and our mouth shall proclaim your praise.

Let your ways be known upon earth

Your saving power among the nations.

**Glory to the Father, and to the Son, and to the Holy Spirit,
As it was in the beginning, is now, and shall be for ever. Amen.**

*Either this or a Lenten HYMN may be recited or sung
The first paragraph is for the Morning, the second for the Evening*

Blessed are you, God of compassion and mercy, to you be praise and glory for ever. In the darkness of our sin your light breaks forth like the dawn and your healing springs up for deliverance. As we rejoice in the gift of your saving help, sustain us with your bountiful Spirit and open our lips to sing your praise, Father, Son and Holy Spirit;
Blessed be God for ever.

Blessed are you, Sovereign God, Shepherd of your pilgrim people; their pillar of cloud by day, their pillar of fire by night. Stir up in us the fire of your love which shone forth from your Son enthroned on the cross, that we may be cleansed of all our sins and be made ready to come into your presence, Father, Son and Holy Spirit:
Blessed be God for ever.

THE WORD OF GOD

THE PSALM(S):

*The psalm(s) for the day will be found on the weekly Pew Sheet.
The text of the psalm can be found in any Bible or in the Book of Common Prayer. If praying with another recite alternate verses.*

THE SCRIPTURE READING(S):

*The reading(s) for the day will also be found in the weekly Pew Sheet.
Use one or both readings depending on the time available to you.*

Silence may be kept after the reading(s) followed by This Response

To you, O Lord, I lift up my soul;

O my God, in you I trust.

THE GOSPEL CANTICLE: **The Benedictus** (morning)

**Blessed be the Lord, the God of Israel,
for he has come to his people and set them free.
He has raised up for us a mighty Saviour,
born of the house of his servant, David.
Through his holy prophets he promised of old,
that he would save us from our enemies,
from the hands of all that hate us.
He promised to show mercy to our forebears
and to remember his holy covenant.
This was the oath he swore to our father Abraham,
to set us free from the hands of our enemies,
Free to worship him without fear,
holy and righteous in his sight, all the days of our life.
You, my child, shall be called the prophet of the most high,
for you will go before the Lord to prepare his way,
To give his people knowledge of salvation,
by the forgiveness of all their sins.
In the tender mercy of our God,
the dawn from on high shall break upon us,
To shine on those who dwell in darkness
and the shadow of death,
and to guide our feet into the way of peace.**

**Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and shall be for ever. Amen.**

The Magnificat (afternoon or evening)

**My soul proclaims the greatness of the Lord,
and my spirit rejoices in God my Saviour.
For he has looked with favour on his lowly servant,
from this day forward all generations will call me blessed.
The Almighty has done great things for me,
and holy is his name.
He has mercy on those who fear him
in every generation.
He has shown the strength of his arm,
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones
and has lifted up the lowly.
He has filled the hungry with good things
and the rich he has sent away empty.
He has come to the help of his servant, Israel,
for he has remembered his promise of mercy.
The promise he made to our forebears,
to Abraham and his seed for ever.
Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and shall be for ever. Amen.**

THE PRAYERS

Silent prayers or spoken petitions may conclude with **The Kyrie**

Lord, have mercy
Christ, have mercy
Lord, have mercy

THE LORD'S PRAYER is said

THE COLLECT (*either of the following or from the Pew Sheet*)

Almighty and everlasting God,
you hate nothing that you have made
and forgive the sins of all those who are penitent:
create and make in us new and contrite hearts
that we, worthily lamenting our sins
and acknowledging our wretchedness,
may receive from you, the God of all mercy,
perfect remission and forgiveness;
through Jesus Christ your Son our Lord **Amen.**

Almighty God,
whose Son Jesus Christ fasted
forty days in the wilderness,
and was tempted as we are, yet without sin:
give us grace to discipline ourselves
in obedience to your Spirit;
and, as you know our weakness,
so may we know your power to save;
through Jesus Christ your Son our Lord **Amen.**

THE CONCLUSION

May God our Redeemer show us compassion and love. **Amen.**

Let us bless the Lord.
Thanks be to God.

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